

# H.E.L.P.

## Heroes Equine Learning Program

Military – Police – Fire – Corrections – EMS – 911-Dispatcher

Conception Bay, South, Newfoundland & Labrador  
Retreat Part ONE

October 15 - 19<sup>th</sup> , 2023

Limited spaces available - Register before September 29<sup>th</sup> 2023

Apply at: [www.HELP-PTSD.com](http://www.HELP-PTSD.com)



Setting the standard for *Equine Assisted Psychotherapy and Personal Development* for **Military** and **First Responders** affected by Post-Traumatic Stress and Operational Stress Injuries and their families.