

# H.E.L.P.

## Heroes Equine Learning Program

Military – Police – Fire – Corrections – EMS – 911-Dispatcher

Ottawa ON. Retreat **Part ONE**

February 23 - 27, 2020

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Setting the standard for *Equine Assisted Psychotherapy and Personal Development* for **Military** and **First Responders** affected by Post-Traumatic Stress and Operational Stress Injuries and their families.