

# H.E.L.P.

## Heroes Equine Learning Program

Military – Police – Fire – Corrections – EMS – 911-Dispatcher

St. John's - Newfoundland & Labrador

### Spouse Retreat - Part ONE

November 27 - December 1, 2022

Apply at: [www.HELP-PTSD.com](http://www.HELP-PTSD.com)



Setting the standard for *Equine Assisted Psychotherapy and Personal Development* for **Military** and **First Responders** affected by Post-Traumatic Stress and Operational Stress Injuries and their families.